

country	Name	class	bodyweight	birthday	Shallow Hub Double Key Pinch Lift	Horne Top Hold	2" x 4" Bar Hold	ATB Lift	Mini V-bar Lift	Crate Hold	Finnish Ball Lift	Finnish Ball Hold	Handshake Hold	Russian Handle
GER	Manuela Falke	84 / Master 50	75,2	11.04.1964	28,4	35kg / 12 sec	45kg / 20sec	66,85						
GER	Jördis Grzonka	women 72	71,9	20.12.1978	25,45	55kg / 5sec	60kg / 11sec							72,13
AT	Patricia Luxner	women 84+	85,6	30.05.1975						15kg / 10 sec				72,05
GER	Dennis Eichinger	83	78,8				80kg / 5sec		60,85	15kg / 21sec				87,05
AT	Sirko Petermann	120	117,7	06.05.1977						24kg / 23sec				
GER	Guido Biastoch	master 50 /120	111								28		82,5kg / 34sec	
GER	Lauro Biastoch	junior 16y	96,8	30.10.2003		45kg / 11sec	60kg / 25sec				26,75			
GER	Chris Thiede	105	98,7								24,2			
GER	Nils Teichmann	83	82,2						50,3					
GER	Stefan Falke	master 50 /120	115,05	17.02.965								32kg / 25sec		
GER	Jeffrey Podszuweit	93	86,1				90kg / 9sec							
GER	Vanessa Durschak	female 10 / 47	22,6	15.11.2013		15kg / 7 sec	15kg / 7 sec							
GER	Doreen Durschak	63 women	58,7	16.08.1984			45kg / 11sec							
GER	Max Woldtke	Junior 14y	47,6	26.04.2005	23,1									
GER	Heinz Sikorski	junior 16y / 74	69,75	04.10.2003			45kg / 28sec							

### Drain Pipe Lift

Place	name	class	kg
1	GER Stefan Falke	master 50 /120	106,5
2	GER Martin Hartmann	120	100
3	GER Burak Kacar	120	88,85
4	GER Guido Biastoch	Master 50 /120	83,85
5	GER Dennis Eichinger	83	78,85
6	AT Sirko Petermann	120	78,85
7	GER Lars Görk-Nöldner	93	73,85
8	GER Thorsten Ritter	master 50 /105	73,85
9	GER Jeffrey Podszuweit	93	73,85
10	GER Jördis Grzonka	women 72	68,85
11	GER Hanjo Böhme	120+	68,85
12	GER Manuela Falke	women 84	63,85
13	AT Patricia Luxner	women 84+	60,85
14	GER Hagen Ribb	master 50 /120	58,85
15	GER Lauro Biastoch	boy 16y	53,85
16	GER Chris Thiede	105	53,85
17	GER Doreen Durschak	63 women	38,7
18	GER Vanessa Durschak	girl 7y	18,2

III East German Grip Champs 2020 in Stendal/SA Germany  
Recordbraker and Drainpipe Bonus Event on 26th September 2020



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